Inside this issue...

The 2013 SA State Population Health Conference 1

Ten Reasons to Use Twitter 3

Implementing a Nutritious Food Policy at SecondBite, the Food Rescue Organisation 4

Australian Health Promotion Association & Public Health Association Australia SA Mentoring Program 5

Symposium to Discuss Comprehensive Primary Health Care Success and Challenges: Adelaide 21st March 2014 6

Goals for the Year 2014 7

My Health @ My Work 9

Office Bearers 11

New Members 12

The 2013 SA State Population Health Conference

By Dr Lareen Newman, PHAA Member, Conference Chair

South Australia's annual State Population Health Conference was held on Saturday 26th October 2013 at Hindmarsh in Adelaide. The theme was "Public Health Research & Evaluation: 200 Years After John Snow and Continuing to Make a Difference" - because 2013 was the 200th anniversary of John Snow’s birth. The Conference was again organised as a partnership led by PHAA SA Branch with the Australian Health Promotion Association (AHPA), the Australian Faculty of Public Health Medicine (AFPHM), and the Australasian Epidemiological Association (AEA). This year the conference was kindly sponsored by Adelaide’s three universities: The University of Adelaide, The University of South Australia, and Flinders University.

The conference has grown considerably since its inception in 2004 and this year attracted 120 delegates representing a good mix of researchers, practitioners and policymakers. We had an excellent opening keynote from A/Prof John Moss (University of Adelaide) on "John Snow, The Cholera and Public Health Today". An afternoon panel discussion on child health and equity was led by the national PHAA Children’s Health SIG convenors A/Prof Colin MacDougall (Flinders University) and Dr Elisha Riggs (Murdoch Children’s Research Institute) who presented a draft Child Health & Equity Statement for discussion and feedback. This year in response to the new sponsorship by the three universities, the Committee organised a successful capacity building experience for 12 student volunteers to help 'on the day', for example as Chair supports or with roaming microphones.

"Finding out about university course information over lunch

Continued on next page

The Public Health Association of Australia is the major organisation for public health practitioners in Australia with more than 40 health related disciplines represented in its membership. The Association makes a major contribution to health policy in Australia and has branches in every state and territory. Any person who supports the objectives of the Association is invited to join.
The Conference’s growing popularity was reflected in more abstracts being submitted than previous years, which resulted in 24 concurrent session speakers and 16 posters. The concurrent sessions saw a high standard of papers with diversity across the six themes of: Chronic Disease & Quality of Life; Health Behaviours; Child Health & Development; Physical Activity & Transportation; Burden of Disease; and Access & Equity. (People interested to see whether there were useful presentations in their area of interest can check the online program here: http://www.phaa.net.au/documents/131017RegistrationProgram_StatePopHlthConf.pdf

Awards presented were the PHAA SA Kerry Kirke Award for a significant PhD thesis contribution to public health, to Dr Sabitra Kaphle (Flinders University); the Primary Health Care Practitioner Award to the (SA Centre for Health Promotion - now-closed), Best Overall Presentation Prize to Stephanie Savio (Flinders University), Best Poster Prize to Elizabeth Buckley et al (UniSA, Breastscreen SA, Australian Catholic University), and Most Popular Session Prize to Carole Hartwick (Flinders University).

“What I Liked Most” evaluation comments included:
“A valuable opportunity to present in front of a friendly audience, lots of opportunity to mingle.”
“Ability to meet new people and gain information on Uni courses.”
“Networking with fellow public health professionals.”
“Getting an overview of current research topics and methods.”
“Great representation from the Universities.”
“Great opportunity for students to attend and present, good papers.”
“Sheer professionalism!”

For more information visit: www.phaa.net.au/NSRH2014Conference.php
Ten Reasons to Use Twitter

By Tarun Weeramanthri, Executive Director, Public Health and Clinical Services Division, WA Health
@tarunw

Recently a colleague asked me why I put time into social media. My initial response was to mumble something along the lines of ‘the world’s changing; we have to go with it’. A little more thought and I realised that a year ago, I was using three social media tools – most often Yammer (internal micro-blogging just for departmental staff), followed by LinkedIn (professional networks), and Twitter (anyone). Now I use Twitter the most, followed by Yammer and LinkedIn. Why the change?

1. Twitter is where the public is. This reminds me of the joke about the defendant asked by the judge why he robbed the bank, answering ‘That’s where the money was.’

2. I have this fundamental belief that truth should be shared, and information should be free and accessible. Many of us in public health are privileged to be at the centre of information flows. Generosity and sharing are part of our values.

3. Twitter allows me to do my job – to draw people’s attention to bits of useful information and things I find novel or interesting, notice trends, ask some questions, acknowledge and praise other people’s efforts, promote conversation, and provide visible leadership.

4. Social media is as good for listening as talking. You can engage with others and their ideas, respond to their tweets, and amplify their messages.

5. It is a great discipline to summarise a message into 140 characters. You have to get to the key points, and then distil it down even further. As a reader, you appreciate that.

6. If you choose carefully who to follow on Twitter, it is an extraordinarily rich and diverse source of information and insights, curated by people you trust.

7. It is a good use of your own networks – friends, colleagues and people you don’t know who have their own reasons to follow you on Twitter.

8. It is a good use of other people’s networks. When someone you know retweets your messages, it gets to a whole new audience. And conversely, you can do the same by retweeting and amplifying other people’s messages.

9. It is efficient as an information gatherer – a colleague recently tweeted that he had stopped reading weekend newspapers and instead used that time on Twitter.

10. You can deliberately merge the personal and the professional in terms of what topics you choose to tweet on, though you obviously have to use discretion. It’s good to be yourself at work, and that includes revealing who you are, a little, online.

There are obvious downsides (time spent not doing other things, and inability to ‘switch off’ to name just two). But if you are interested in having a look at Twitter, there are many public health colleagues who have led the way and post interesting stuff. Most if not all major public health organisations are also on Twitter, and there is a weekly guest Australian tweeter on @WePublicHealth.

Melissa Sweet @croakeyblog
Ben Harris-Roxas @ben_hr
Julie Leask @JulieLeask
Rob Moodie @ARobM

Michael Moore @mmoore50
Cameron Webb @Mozziebites
Simon Chapman @SimonChapman6
Paul Kelly @PKelly_ACTCHO

Frank Beard @DrFrankBeard
Jonathan Hallett @JonathanHallett
Emma Croager @emmacroager
Rebecca Ivers @rebbeccaivers
Implementing a Nutritious Food Policy at SecondBite, the Food Rescue Organisation

By Rebecca Lindberg, PhD Candidate at Deakin University and SecondBite

I have learnt in my five years of community work and research that Australians experiencing food insecurity are at increased risk of developing diabetes, cardio-vascular disease and obesity. In an effort to increase the nutritional quality of food provided to people in tough times, and ultimately to reduce diet-related disease, I was pleased to work with SecondBite to publicly display their new Commitment to Nutritious Food Rescue with a poster at the PHAA National Conference (September 2013).

The commitment:
SecondBite is committed to improving access to fresh, healthy food amongst people in need throughout Australia. To do so, they are officially committing to rescue and redistribute:

- 95% nutritious* food and
- 75% of this will be fresh fruit and vegetables

*Food is considered nutritious if it fits within the five core food groups of our Australian Guide to Healthy Eating. In the three months following implementation of this policy, SecondBite moved 1,343,453kgs (99.2%) core foods and of this 925,598kg (68%) was fresh fruit and vegetables. This food was received by over 1,000 community food programs across Australia who provide food hampers, community meals and food pantries to Australia’s most vulnerable community members. By developing and implementing this policy, SecondBite is making access to nutritious fresh food a reality for Australians struggling to make ends meet.

I’d like to acknowledge the work of Monash University student dieticians Alexis and Anishya in developing this policy and champions at SecondBite who helped to ensure its implementation. Since its inception in 2005, SecondBite has had a focus on fresh food and now the commitment to nutritious fresh food is measurable and transparent.

The poster was well received at the conference and SecondBite looks set for another exciting year ahead. Their healthy food rescue efforts will be consolidated and expanded to reach more communities across Australia and ensure good food is not wasted. In addition, their dietetic staff are working hard to deliver two innovative nutrition education programs aimed at building capacity in the emergency food relief sector and offering skills and support for people accessing these services. Finally, their investment into long term solutions through food security research will start to yield some results.

As a recipient of a co-funded SecondBite and Deakin Research Scholarship, I am entering my final year of my PhD on food insecurity in Australia and look forward to disseminating my findings and making evidence-based recommendations to the organisation and others in this sector.

It’s wonderful to be linked in with the Public Health Association of Australia and learn about a range of issues that impact the community that SecondBite exists to serve. Through conferences, the ANZJPH journal and newsletters, SecondBite staff (like me) gain insights from practitioners and academics that help us to straddle the worlds between grass-roots action and engagement, evidenced-based health, environmental and welfare service provision and seizing opportunities for systemic change on food waste and food insecurity.

For more details about SecondBite’s commitment to nutritious food rescue and their nutrition education programs FreshNED and FoodMate see www.secondbite.org

For more details about SecondBite’s commitment to nutritious food rescue and their nutrition education programs FreshNED and FoodMate see www.secondbite.org
The AHPA and PHAA SA & NT Mentoring Program is run annually to provide an opportunity for members to participate in a formal public health/primary health care mentorship. Public health, primary health care and health promotion encompass an enormous variety of employment opportunities and it can be difficult for people new to the field (and even for those established in the area) to make decisions about work and study directions. PHAA (SA Branch) and AHPA (SA Branch) have recognised this gap and begun to work in partnership thus consolidating skills, experience, resources and knowledge to offer members of both organisations an opportunity to support their current study or work aspirations.

The program was originally trialled and evaluated by AHPA SA in 2001 and 2002. A program manual was then developed in 2013. Since then it has continued to evolve and is now an annual program managed by AHPA SA and PHAA SA. The program was expanded to include AHPA NT in 2010 and PHAA NT in 2013.

The current program runs for six months from May to November and includes two networking sessions at the beginning and end of the program. The program can assist; students exploring career opportunities; early career professionals to explore and consolidate their understandings; people in the process of career transition as well as those looking for professional development to enhance their current work capacity.

Both mentees and mentors report benefits from the program including networking opportunities, enhanced professional development. This is particularly evident where participants chose to continue their relationship after the program is complete. Additionally, many participants return to the program more than once, taking on a different role depending on where they are in the course of their career.

We are always looking for new mentors so if this is something you are interested in please contact Jane Barnett jane.barnett@adam.com.au or Kate Kameniar katek@sacoss.org.au

Mentee comments:

"It is an excellent program. Our interaction has fulfilled some objectives I didn’t even realise I had! But certainly those that I started out with were also fully met. My mentor is now encouraging me to apply for a research grant, with her in a support role, to continue some particularly interesting research I have done as part of a Masters subject, which is something I never thought I would be doing at this point and is very exciting."

"It is a great program to get involved with and I will recommend it to my peers, as it can give you a greater insight into what your possible future career could entail."

"My mentor had an excellent knowledge and skill base in health promotion and advocacy that I was able learn from."

"My mentor helped me gain confidence, encouraged me to apply for positions I would never have previously thought myself capable of. She felt more like an experienced and knowledgeable friend, than a mentor. I now have a much clearer and achievable plan for the next 5-10 years. I feel infinitely more confident, capable and excited about my future career now."

Mentor comments:

"I found it very rewarding as I liked the mentee and there was a good match from the objectives side."

"It was great to have the opportunity to reflect on how far I had come since my early career, and pass on some of those learnings, and to hear about another’s work and talk through issues & experiences."
By Dr Toby Freeman, The Southgate Institute for Health, Society, and Equity, Flinders University

The Southgate Institute for Health, Society, and Equity’s five year NHMRC funded project ‘Comprehensive Primary Health Care in Local Communities’ is coming to an end. The project will provide feedback and discuss the research findings including the practice and policy implications at a research symposium, to be held in Adelaide on Friday 21st March 2014.

The project has followed six primary health care services over the last five years: five in South Australia, and an Aboriginal Community Controlled Health Organisation in the Northern Territory. The research findings include examination of the effects of the considerable reforms and changes in national and South Australian primary health care during this time - including the establishment of Medicare Locals, Local Health/Hospital Networks, and the South Australian Review of Non-Hospital Based Services. More information about the project can be found at: http://bit.ly/CPHC2014

This is the third symposium held as part of the Comprehensive Primary Health Care in Local Communities project. The previous symposia held in 2010 and 2012 were very successful in engaging primary health care service staff, managers, regional executives, and policy makers in discussion about key issues facing primary health care in Australia.

The symposium seeks to promote discussion on topics such as the benefits of the Aboriginal Community Controlled Model of health services, what education and training is needed to support the primary health care workforce, and the equity performance of primary health care services. We are seeking to engage all primary health care sectors, including state funded primary health care, general practice, Medicare Locals, and the NGO and Aboriginal Community Controlled sectors.

Speakers include Professor Fran Baum, Flinders University; Professor Ron Labonte, University of Ottawa; Professor David Sanders, University of the Western Cape, South Africa; and Ms Donna Ah Chee, CEO, Central Australian Aboriginal Congress.

If you would like to attend the symposium, please visit http://bit.ly/CPHCAdelaide to download the flyer and register. The symposium is supported by funding from the National Health and Medical Research Council and the Lowitja Institute.

Symposium to Discuss Comprehensive Primary Health Care Successes and Challenges: Adelaide 21st March 2014

Participants at the 2012 symposium in Alice Springs

From L-R: Ms Donna Ah Chee, Central Australian Aboriginal Congress; Ms Pat Anderson, Lowitja Institute; Prof. Michael Kidd, Flinders University; and Prof. Fran Baum, Flinders University, at the 2012 symposium in Alice Springs. Photo credit: Justin Brierty
Goals for the Year 2014

By Deborah Hilton, Statistics Online

At the start of the year most of us reflect, review and contemplate on what has happened over the past year, what is about to happen in the immediate and what we hope to achieve or strive for in the year before us. This may relate to work, career, or maybe it is a personal goal or lifelong ambition totally unrelated.

Last year, I had the wonderful opportunity to attend the most incredible meeting; the World Diabetes Congress 2013; [http://www.idf.org/world-diabetes-congress-2013]. I and other delegates were flooded with information, the program was overwhelmingly interesting, topical and varied, with speakers from all over the world, experts in their fields giving presentations to rooms packed full of delegates and in some cases rooms were overflowing so large screens outside telecast the presentation live. The exhibitor area was vibrant, packed full of interactive and informative displays with so many brochures, posters, freebies, friendly staff, computer graphical displays, demonstrators, along with the aroma of freshly brewing coffee luring people to specific stands. As a result, I have a conference bag full which has to be digested in the next few months. I personally found the poster section difficult to comprehend as I struggled with the detail included, although I persevered to read many even though I felt like I was drowning at the time with the content. I did enjoy very much the sessions on public health, epidemiology and the sessions on living with diabetes and as I mentioned the sessions were incredible in terms of content, the speakers and the information included on the power-points. I had the amazing opportunity to listen to Mr Josu Feijoo speak. He is an electrical engineer with a masters degree in robotics. He is an engineer, professional climber and astronaut. He was the first person with type 1 diabetes to reach the summit of Mount Everest and is preparing for his first trip into space, a first for type 1 diabetes. This is his website. http://www.7summits-club.com/news/all_16/item_1627/

Listening to his presentation was awe inspiring, his achievements are spectacular, and worthy of great admiration and respect. He has soared to great heights even despite hurdles, which in his case is the fact he has diabetes. This presentation is a good example of striving to achieve. In life we all face hurdles and obstacles; whether this is illness, financial crises, relationship breakdown, difficult or rude clients or people - we should try not to let these barriers stop us from achieving our goals or ambitions.

My goals or resolutions for 2014 are not to climb a mountain, but yes they do relate to trying to cut down on paper, toss some books that have not been looked at for a decade, and make a move to more electronic ways of working whether this be reading journals, updates, bulletins, or in-touch. I am going to try to move to less paper print outs. I am often the butt of jokes that relate to my paper clutter and my old fashioned ways of operating i.e. using maps not a GPS. But as with everything electronics and technology should be used in moderation. Excessive use is not always good, if you consider how our society is also facing a crisis due to increasing rates of obesity caused by sedentariness and a lack of exercise. When you are making goals, don’t let obstacles get in the way, make your goals for 2014 ambitious; aim to soar to great heights. If you need inspiration go and listen to someone like Josu Feijoo (as I found this talk in particular really inspirational), read his website or listen to someone else in society whom has achieved the remarkable in spite of difficulty. Don’t let others thwart your plans, or get in your way. However, you also don’t want to stop others from achieving their great ambitions either, so remember to pick up your dirty rubbish and show others respect. Thumbs up, be positive, be around positive people if you want to achieve your goals, thumbs down to negativity, or negative people, who stand in the way. I hope all your resolutions and goals come true in 2014 and don’t forget to look at the world diabetes congress website as the next meeting is in 2015, so maybe make that a goal for 2015. Think ahead you never know where you’ll end up.
Do you want policymakers to take more notice of your research?

Register for the Deeble Institute’s short course on research translation 14 to 16 April 2014 at the Australian National University, Canberra.

This three-day course will assist academic researchers to make their work more accessible and useful to policymakers. Course sessions will cover a range of topics, including:

- why knowledge exchange and research translation is becoming more important for academic researchers, and the various ways it can be done;
- the realities of the policymaking process and the environment in which policymakers work;
- engaging effectively with the media and non-academic audiences; and
- opportunities to secure funding for policy and practice-relevant research.

Participants receive training on the fundamentals of writing for policymakers and communicating in the mainstream media. They will also have the opportunity to enhance these skills in small groups, applying the theory presented to their own research projects.

For more information and to register: www.ahha.asn.au/events

Dr Anne-marie Boxall
Director, Deeble Institute for Health Policy Research
aboxall@ahha.asn.au
02 6162 0780

This event is sponsored by the ANU Research School of Population Health.
My Health @ My Work

By Dr Kamal Hussein, PHAA member

After the New Year 2014, I realised that my belt around my waist had become a little tighter and I faced a challenge to whether I could still wear my usual clothes.

As waist circumference is an important indicator for a person’s health, particularly for men, I was compelled to investigate my sudden weight gain.

Last July, our small working unit was relocated from a neighbouring suburb of Sydney University to the northern side of Sydney Harbour Bridge. Since moving to the new work environment, my diet habit and other lifestyle routines had remained the same. However, I am enjoying one luxury - I don’t have to walk from the train station to my building anymore. It is quite convenient in terms of saving me time, sparing me from rainy, hot or windy weather and so on. By contrast, I previously needed to walk 15 minutes to my office from the nearest train station. I can conclude that the absence of my daily 30 minutes walk may have increased my waist line and therefore be having a negative impact on my health.

We know that obesity (and overweight) is on the rise in Australia and that it is closely related to (or causing) other life style diseases such as type 2 diabetes, high blood pressure, coronary artery diseases and some cancers. Diet and lack of activity are the two main factors, causing this rising trend of obesity. Smoking and alcohol are two other factors contributing to increase in morbidity and mortality in overweight population.

Although we have some knowledge of cause and effect on our health, particularly on overweight and lifestyle diseases, it is a great challenge to overcome the causative factors. We all know that eating a moderate and well balanced diet, staying physically active, refraining from tobacco and alcohol are all good tips to stay healthy. However, translating that knowledge to practice is quite a difficult task.

Referring back to my increasing waist line, I have decided to walk two train stations (4 km, 35 to 40 minutes) every day, crossing the beautiful Sydney Harbour Bridge to compensate for my lost walking. Before starting, there were several factors discouraging me such as the hot weather, eagerness to return home early, carrying additional walking shoes etc. However, once I started walking every day, I found it enjoyable. I am looking forward to continuing my walking habit. I encourage my co-workers and all Australian workforces to enjoy the similar activities to improve their health and wellbeing.


Sanofi Pasteur invites Australian immunisation organisations to submit innovative ideas for their chance to receive one of five $20,000 Vaxigrant awards with a bright idea in the following categories:

1. Applying innovation in areas of low immunisation
2. Improving collaboration within a Medicare Local to promote the NIP across multiple immunisation providers and the wider community
3. Increasing vaccination coverage for Indigenous Australians
4. Utilising technology to increase immunisation awareness, coverage and adverse events surveillance
5. Increasing disease prevention for Australians traveling overseas

Healthcare organisations who want to apply for Vaxigrants must submit their application by 11 April 2014.

To submit an entry or for more information, please visit www.vaxigrants.com.au
**PHAA 43nd Annual Conference**

The future of public health: big challenges, big opportunities

**15 - 17 September 2014**
Pan Pacific Hotel Perth

For more information visit: www.phaa.net.au/43rd_Annual_Conference.php

**14th National Immunisation Conference**

Maintaining Excellence in Immunisation: Consolidating Gains, Identifying Gaps

Call for Abstracts Now Open - Closes 17 February 2014

17 - 19 June, 2014
Pullman Melbourne Albert Park Hotel, Melbourne

For more information visit: www.phaa.net.au
The Board

President
Heather Yeatman: hyeatman@uow.edu.au

Vice President - (Policy)
Marion Carey: marion.carey@monash.edu

Vice President - (Development)
Yvonne Luxford: yvonne@palliativecare.org.au

SIG Convenors
Jessica Stewart: jess.stewart.m@gmail.com
Vanessa Lee: vanessa.lee@sydney.edu.au

Alcohol
Mike Daube: M.Daube@curtin.edu.au

Child Health Co-convenors
Elisha Riggs: elisha.riggs@mcri.edu.au
Colin Macdougall: Colin.macdougall@flinders.edu.au

ECology and Environment
Peter Tait: aspetert@bigpond.com

Evidence, Research & Policy in Complementary Medicine
Jon Adams: jon.adams@uts.edu.au

Food & Nutrition Co-convenors
Julie Woods: jwoods958@gmail.com
Helen Vidgen: h.vidgen@qut.edu.au

Health Promotion
Carmel Williams: Carmel.Williams@health.sa.gov.au

Immunisation Co-convenors
Angela Newbound: Angela.Newbound@yahoo.com
Michelle Wills: mwills@amlalliance.com.au

Injury Prevention Co-convenors
Richard Franklin: richard.franklin@jcu.edu.au
Patsy Bourke: Patsy.Bourke@hnehealth.nsw.gov.au

International Health
Jaya Earnest: j.earnest@curtin.edu.au

Justice Health Co-convenors
Tony Butler: tbutler@nchecr.unsw.edu.au
Stuart Kinner: s.kinner@unimelb.edu.au

Mental Health Co-convenors
Michael Smith: mikejohnsmith@hotmail.com
Kristy Sanderson: Kristy.Sanderson@utas.edu.au

One Health (Zoonoses) Co-convenors
Moira McKinnon: moira.mckinnon@bigpond.com
Simon Reid: simon.reid@uq.edu.au

Oral Health
Bruce Simmons: simmonsbruce@hotmail.com

Political Economy of Health
Deborah Gleeson: d.gleeson@latrobe.edu.au

Primary Health Care Co-convenors
Jacqui Allen: jacqui.allen@deakin.edu.au
Jo Walker: jojowalker@bigpond.com

Women’s Health Co-convenors
Catherine Mackenzie: catherine.mackenzie@flinders.edu.au
Louise Johnson: Ijohnson@varta.org.au
New Members
Dec 2013 - Jan 2014

NEW SOUTH WALES
Dr Virginia Simpson-Young
Dr Anna Lewis
Ms Elizabeth Kuzmanovska
Ms Sonia Bradley
Ms Angela Kelly
Mr Daniel van Anen
Ms Melanie Kingsland
Mr King Odor
Mr Herman Vasquez
Ms Bronwyn Brew
Ms Jana Miriam Lena Kobras
Miss Kirsten Brighten
Miss Mariam Cobson-Cobbold
Ms Blessing Akombi

WESTERN AUSTRALIA
A/Prof Roz Walker
Dr Christina Bertilone
Ms Patricia Robertson
Ms Jan de Groot
Dr Roslyn Franklin
Mrs Caroline Hill
Mrs Jacqueline Kewley
Mr Timothy Glover
Miss Helen Scudamore
Ms Christina Davies

 QUEENSLAND
Prof Brian Maguire
Assoc Prof Simon Reid
Dr Elaine Kermode
Miss Elizabeth English
Ms Jennifer Stone
Mrs Allison Marshall
Dr Libby Holden
Mrs Rimante Vaitkeviciute
Dr Ayodeji Obaseki
Miss Gemma Ogston
Mr Cameron Meiklejohn

TASMANIA
Mrs Penelope Clark
Ms Sandra Hannon

SOUTH AUSTRALIA
Mrs Vanessa Gaston-Gardner
Mr Dhavat Bhadarka
Ms Melanie Haynes
Mr Bing Wang
Miss Jessica Lao
Mrs Anne Manfield
Ms Hannah Kennedy
Miss Soumya Taduri
Miss Tanya White
Mr Amal Chakraborty
Ms Tamara Nuske

VICTORIA
Miss Jessica Chellappah
Ms Biljana Ansted
Dr Diane Edwards
Miss Rebecca Walker
Ms Caitlin Rawding
Mrs Usha Gowda
Mr Eliot Hoving
Ms Heather Wallace
Ms Michaela Willet
Mr Frayne Gomez
Mrs Alexandra Chung
Ms Kathleen Ryan
Ms Sasha King

NORTHERN TERRITORY
Miss Aly Muecke
Ms Nandi O’Hea

AUSTRALIAN CAPITAL TERRITORY
Dr Libby Salmon

OVERSEAS
Mr Alshebli Ahmed, Saudi Arabia
Dr Julia Peters, NZ
Mrs Lorraine Crowe, NZ

intouch
Advertising Rates

Advertising Rates
1/4 page $100
1/2 page $150
Full page $200

PDF format preferred but PHAA staff can prepare your advertisement (rate of $20 p/h)

Conference listing (5cm column)
up to 5 lines $35
up to 10 lines $58

after booking, email to Vicki Thompson
publications@phaa.net.au

If further information is required please contact PHAA via email: publications@phaa.net.au
or phone 02 6285 2373

How to join PHAA
ONLINE MEMBERSHIP is available at: www.phaa.net.au
or enquiries to:
Membership Coordinator, PHAA
PO Box 319, Curtin ACT 2605
Tel 02 6285 2373 Fax 02 6282 5438
email: membership@phaa.net.au

Editors: Jacky Hony & Pippa Burns

Articles appearing in intouch do not necessarily reflect the views of the PHAA but are intended to inform and stimulate thought, discussion and comment. Contributions are welcome and should be sent to:
The Publications Coordinator, intouch, PHAA
PO Box 319, Curtin ACT 2605, or email publications@phaa.net.au