

Eating Well into the Future Conference Melbourne, 2001

Outcome Statement

The delegates of the conference acknowledge the importance of the conference, Eating into the Future, held in Adelaide in 1999. We support the outcome statement from that conference and wish to reassert and strengthen it.

The delegates of the conference Eating Well into the Future champion the importance of a broad understanding of food which is inclusive of ethical, cultural, social and ecological values.

We recognise that there are many forces that influence the food supply, including international forces such as globalisation.

We believe that food quality, in all its various interpretations, is an integral foundation for the health and welfare of the population. To maintain this fundamental role, the sustainability and integrity of the food supply must be protected. This includes the supply of traditional foods with natural taste and nutrition.

The delegates of the conference agree upon the following outcomes:

1. Local issues
 - Champion local means of food production
 - Champion local community networks
 - Promote pride in local cuisines and produce
2. Principles of food
 - Promote the need for a safe, diverse and environmentally sensitive food supply
 - Promote sustainability and integrity in the food supply
 - Champion the ability of all sections of the population to have access to safe, nutritious food, including the most disadvantaged (eg children, the elderly, Indigenous peoples and those in rural and remote areas).
 - Promote key public health nutritional issues such as reducing obesity and increasing fruit and vegetable consumption.
3. Governance
 - Work towards a stronger, and more efficient and effective system of food regulation, which supports and sustains the above recommendations
4. Advocacy, networking and collaboration
 - Conduct ongoing networking and collaborating activities to strengthen local and national alliances on the issues of food, health and the environment
 - Take the themes and ideas of this conference and:
 - Include them into practices and policies

- Advocate, network and collaborate for them in workplaces, with industry, with governments and with communities and individuals
- Advocate, network and collaborate for them across food disciplines, eg nutrition and food safety