

PHAA SA Branch: Public Health Careers Workshop

Wednesday August 31, 2011, 6-9pm

Could you be one of these public health professionals in 5 years time?



POSITIONS VACANT Students and graduates in the area of public health wanted to participate in interactive hands on workshop to help you develop your career portfolio and map the next steps in your public health journey.

LOCATION **THE WINE UNDERGROUND**
(121 Pirie Street Adelaide)

COST \$10 for students, \$25 for members of PHAA, AHPA, AFPHM, \$40 non-members. Includes light supper.

In this 3 hour workshop you will have the opportunity to explore possibilities for your career in public health, be that public health practice, health promotion, public health research, policy development or public health advocacy. The first half of the evening will use a World Café format for you to explore these possibilities through discussion with other participants and mentorship from experienced public health professionals.

In the second part of the evening you will be issued with a Public Health Career Portfolio and complete a range of practical tasks. You will work through a series of learning stations structured to provide a problem-based, integrated learning experience. Every participant will have the chance to network with future colleagues and mentors and go home with extra skills and resources.

Numbers are limited so register early!

Registrations close 24 August

Email: phaasa_membership@live.com.au



Workshop Details

Session 1: Finding your way in your public health career

The workshop will start with a World Café session *Finding your way in your public health career*. There will be five tables based on the possibilities for a career in public health (public health practice, health promotion, research in public health, policy development or public health advocacy) Participants will move from table to table for a brief (10 min) discussion with other participants and experienced public health professionals about:

- career options
- possible employers and where to look for a job
- what you need on your CV for this area (qualifications, experience, skills/attributes etc.)
- perks and cons of this type of work

You will have the opportunity to visit 3 of the 5 tables during the session.

The facilitators for this session will be:

Research: Vivienne Moore, Associate Professor in Public Health, The University of Adelaide

Practice: Scott Cameron, Associate Professor in Public Health, The University of Adelaide

Advocacy: To be confirmed

Policy: Kirsty Hammett, Chief Policy Officer, Integration, Health Promotion Branch, Statewide Service Strategy, SA Health

Health Promotion: Jenny Philip-Harbutt, Manager, Centre for Health Promotion, Women's and Children's Health Network

Session 2: Speed Networking

The second session will be a *Speed Networking* session facilitated by Lauren Nikic from Stillwell Management Consulting. Lauren is an experienced workplace psychologist and you will put her advice into action during the session and go home with new contacts you did not have when you arrived!

Session 3: Creating your Public Health Career Portfolio

In the final session each participant will be issued with their own Public Health Career Portfolio and invited to start working on it through participating in a modified SCORPIO activity. SCORPIO is a problem-based integrated learning approach and you will work through a series of four learning stations completing activities and collecting resources for your Career Portfolio as you go.

The stations for the *Public Health Career Portfolio activity* will be:

1. polishing your CV – how to make the most of what you have
2. preparing for interviews – criteria and interview questions, background research
3. deconstructing job ads – decoding the language, working out if this could be a job for you
4. gaining work experience – how to find a voluntary or paid work experience position in a public health organisation

By the end of the workshop you will either have completed sections or have gained the skills and knowledge to work on them further at home.

We will end the workshop with a wrap session where you can seek feedback about your portfolio and give us your thoughts about the workshop.

Who should attend this workshop?

Students and graduates interested in developing a public health career.

What to bring:

- your enthusiasm
- your current CV
- business cards (if you don't have official ones be creative, make your own flyer to sell yourself, or have an e-business card ready to send via SMS)
- your friends (but make sure they register as places are limited)

Need more information?

Contact Rebecca Toohar, rebecca.toohar@adelaide.edu.au, 8313 1316

