

Food and Nutrition Special Interest Group and the Health Promotion Special Interest Group



Workshop for the *Public Health Association of Australia's National Conference 2009*



Sunday 27<sup>th</sup> September 2009 Time: 1:30pm to 4:30pm Location: ANU, Copeland Building Room:G030

Sponsored by Dairy Australia

Time	Workshop Questions	<b>FOOD-RELATED INTERVENTIONS FOR OBESITY</b>	Chairperson/Speakers
1:30 to 1:35		<b>Welcome</b> and outline of workshop format.	<b>Andrea Begley</b> , Lecturer, Curtin University, FANSIG co-convenor
1.35 to 2.20	<b>HOW ARE THE DIETARY INTAKES OF CHILDREN MEASURING UP?</b>	<p><b>What are Australian children eating?</b></p> <p><i>How are we doing in relation to the 'big five' -heavily marketed foods that are considered "junk foods" by some definitions?</i></p> <p><i>How are we doing in relation to core food consumption consistent with dietary recommendations, using dairy food as an example?</i></p> <p><i>What does this mean in terms of diet quality or protective dietary patterns?</i></p>	<p><b>Dr Sarah McNaughton</b> – Nutrition Epidemiologist, Deakin University</p> <p>and</p> <p><b>Dr Malcolm Riley</b> – Nutrition Manager, Dairy Australia</p>
2:20 to 2:45	<b>WHAT CAN OR SHOULD HEALTH PROMOTION &amp; PUBLIC HEALTH NUTRITION DO?</b>	<p><b>How do we select food-related interventions to improve public health? Ecological perspective snapshots.</b></p> <p>What types of interventions are worth considering?                      What information is needed to support intervention selection?                      What are some of the lessons learned from current food related interventions?</p>	<p><b>Home Environment-Dr Karen Campbell</b>, Public Health Research Fellow, Centre for Physical Activity &amp; Nutrition Research (C-PAN) Deakin University</p> <p><b>Primary Health Care- Dr Rachel Laws</b>, Research Fellow, University of NSW</p> <p><b>Community Settings-Assoc Prof Steven Allender</b>, Collaboration of Community Based Obesity Prevention Sites, Deakin University</p> <p><b>Systems level- Dr Christina Pollard</b>, Research Associate, Curtin University</p>
2:45 to 3		<i>AFTERNOON TEA</i>	
3 to 3:45	<b>WHERE TO FROM HERE?</b>	<b>Intervention &amp; Advocacy Café- facilitated group discussion with workshop speakers &amp; participants.</b>	
3:45 to 4:25	<b>WHERE TO FROM HERE?</b>	<b>Panel Discussion- addressing interventions, policy and advocacy directions.</b>	<b>Dr Christina Pollard</b> (chair) <b>Dr Rosemary Stanton</b> , Assoc <b>Prof Heather Yeatman</b> , University of Wollongong, <b>Assoc Prof Mark Lawrence</b> Deakin Uni, <b>Prof John Coveney</b> , Flinders University
4:25 to 4:30pm		<b>Summary &amp; Conclusion</b>	<b>Professor Peter Howat</b> , Curtin University , Health Promotion SIG Convenor