

## How do we select food-related interventions to improve public health? Community settings



Steve Allender

The CO-OPS collaboration  
[www.co-ops.net.au](http://www.co-ops.net.au)

## *The CO-OPS Collaboration*

- **C**ommunity-based **O**besity **P**revention **S**ites
- DoHA funded 2008 - 2011
- National service for practitioners (and others)
  - ‘Best practice principles’
    - An operational framework for effective action
  - Evidence quality & analysis systems
    - Knowing what works, for whom and why
  - Knowledge translation & exchange
    - Knowledge exchange and training
  - A collaboration network
    - Systems for learning from each other

[www.co-ops.net.au](http://www.co-ops.net.au)



## **Best practice principals for Community Based Intervention (Lesley King and Tim Gill)**

Three elements:

1. Best practice principals
2. Guiding questions
3. Short guiding questions

Principles of:

- Community engagement
- Program design and planning
- Evaluation
- Implementation and sustainability
- Governance and transparency



## **Evidence summaries – (Liz Waters)**

**Remote and rural nutritional issues in the prevention of obesity** - Tropical Population Health Services, Population Health Queensland, Mackay

**Achieving equity in the prevention of obesity** - Southern Primary Health Australia, Noarlunga, South Australia

**Harm minimisation in the prevention of obesity**

- Department of Health and Human Services, Hobart, Tasmania

**Collaborative design of a research question**

**Systematic review of the literature**





login to your account

or [Register](#) with CO-OPS...

Email Address:

Password: [Forgotten?](#)

Remember me

**LOGIN**

[Professional Development](#)

[Resource Library](#)

[Evidence Summaries](#)

[Best Practice Principles](#)



quicklinks:

search:

**GO...**

## welcome

The Collaboration of Community-based Obesity Preventio Sites (CO-OPS Collaboration) is an initiative funded by the Australian Government Department of Health and Ageing aims to support community-based obesity prevention initi through a collaborative approach to promoting best practi knowledge translation and by providing networking oppnunities, support and advice

### Our goals

- To identify and analyse the lessons learnt from a range of community-based obesity prevention initiatives aimed at tackling obesity.
- To identify the elements that make community-based obesity prevention initiatives successful and share the knowledge gained with other communities.

[Learn more about us](#)

### Are you looking for project advice and support?

CO-OPS is available to offer guidance and support and will be able to assist you with any queries relating to project

### latest news & events

New publication - Local Government and Obesity Prevention



### register with CO-OPS

Register with the CO-OPS Collaboration to utilise the forum, access our database and download resources.

Why join?

- It's **FREE**  
You will join a community of people interested in community-based obesity