



Food-related Interventions for Obesity Workshop

Public Health Association of Australia
Food & Nutrition Special Interest Group
Health Promotion Special Interest Group
National Conference Workshop Sept 2009




Obesity



Workshop Questions

- How are the dietary intakes of children measuring up?
- What can or should health promotion or public health nutrition do?
- Where to from here?



How are the dietary intakes of children measuring up?

- **Session One: What are Australian children eating?**
- Dr Sarah McNaughton
 - Nutrition Epidemiologist, Deakin University
- Dr Malcolm Riley
 - Nutrition Manager, Dairy Australia

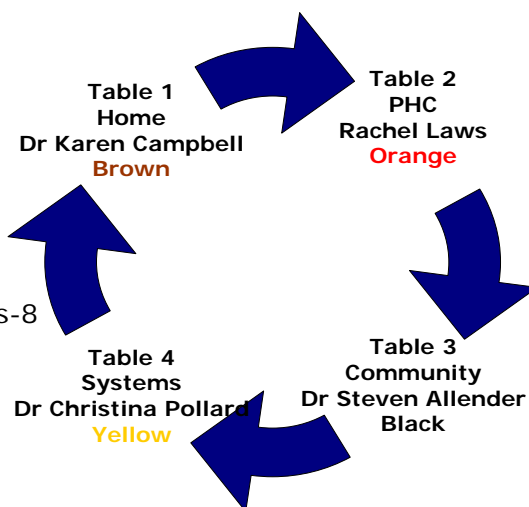
What can or should health promotion or public health nutrition do?

- **Session Two: How do we select food-related interventions to improve public health?**
- Dr Karen Campbell
 - Public Health Research Fellow, Deakin University
- Rachel Laws
 - Research Fellow, University of NSW
- Dr Steven Allender
 - Knowledge Broker, Collaboration of Community based Obesity Prevention Sites, Deakin University
- Dr Christina Pollard
 - Research Associate, Curtin University

Where to from here?

- **Session Three: Intervention & Advocacy Café**

- Facilitated Group Discussion
- 1st Round-12 minutes
- 2nd, 3rd, 4th Rounds-8 minutes





Where to from here?

- **Session 4: Panel Discussion**
- Chair: Dr Christina Pollard: Curtin
- Prof John Coveney: Flinders
- Prof Mike Daube: President PHAA
- Assoc Prof Mark Lawrence: Deakin
- Michael Moore: CEO PHAA
- Dr Rosemary Stanton
- Assoc Prof Heather Yeatman: Wollongong



Summary

- Prof Peter Howat, Curtin University