

Professor David Pilgrim

David Pilgrim is Professor of Mental Health Policy, School of Social Work, Faculty of Health, University of Central Lancashire, Preston, UK.

Professor Pilgrim trained as a clinical psychologist, completed a PhD on NHS psychotherapy and then undertook a Masters degree in sociology. He has published on a wide range of topics (see selected bibliography below). His recent or forthcoming publications include the history of psychiatric diagnosis, the concept of recovery, and the significance of relationships in the emergence and resolution of mental health problems. The third edition of *A Sociology of Mental Health and Illness* he produced with Anne Rogers won the British Medical Association's medical book of the year award for 2006.

Selected bibliography

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